

Melissa Date- Principal

Middle Middle Safe and Happy holiday. Students return Tue 23rd July

Wishing you all a Safe and Happy holiday.

Thank you to the team at Middle Dural Rural Fire Service for allowing us to come and visit. We learnt a lot including - how to stop, drop and roll and how to get to safety in a smoke filled room.

















Acknowledgement of Country

We Acknowledge the many diverse Aboriginal Nations of NSW, and pay respect to the Land and Waters of these Nations, and the many Ancestors who shaped and nurtured Country. We honour the Elders, the custodians of their Country, and the future generations who have a responsibility to continue their Elder's and Ancestor's legacy.

We extend our respect to our Aboriginal brothers and sisters present today.







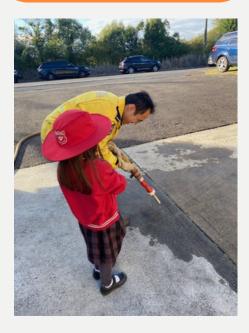




Some future RFS Volunteers in the making perhaps??









Winter Fair 24th August Exciting News Alert!

We are thrilled to share some fantastic news with you! Get ready for the Middle Dural Public School Winter Fair happening on Saturday, August 24th. Join us on our stunning school grounds at 1251 Middle Dural Road, Middle Dural for a day of fun and festivity.

As part of the event, we are extending a unique opportunity to stallholders to showcase their wares for a nominal fee of \$50 per stall. If you know anyone who would be interested please send them our way.

Please lock this date in as we will need all hands on deck. Also, spread the news. Please do not hesitate to contact our fundraising representative, Rita Gaits, at 0410 654 802. or via email ritssa80@gmail.com

We eagerly anticipate your involvement and look forward to creating a memorable fair together.



Upcoming Events



Wednesday Sport Weeks 1-10 Basketball

Year 6 Fundraiser
Full school uniform
Crazy hair and sock day
Gold coin donation

<u>Library</u> K-2 Mondays 3-6 Tuesdays



<u>School</u> <u>Assembly</u> Thursday 15th August

Next Term



Term 3 Sport is moving to Tuesdays. We will be having Tennis lessons

Galston High Musical The Addams Family Wednesday 24th July 9.15am - 12.00



Photo Day Thursday 25th July 2024

Small Schools Athletics carnival Friday 2nd August 2024

P&C Meeting Wednesday 3rd July @ 2.00pm. All welcome.

We would love to see some new faces and share ideas for our wonderful little school.

Canteen Fridays- volunteers are always appreciated.



Follow us on Facebook- Middle Dural PS Follow us on Instagram- middle.dural.ps

Why attendance matters

When your child misses school they miss important opportunities to:



Learn



Build friendships



Develop life skills



A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

day per fortnight

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Travel insurance

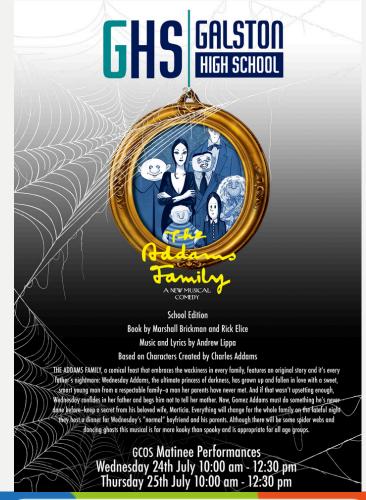
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Galston & District 9653 2227

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Longer lasting vegetables & fruits

Canned vegetables and fruit can be really handy for lunchboxes and they are just as nutritious as fresh foods!

Why not try:

- Tinned fruit in natural juice serve with pikelets or reduced fat yoghurt
- Canned beans like chickpeas or cannellini beans use to make dips like hummus or try making your own roasted chickpeas as a snack
- Add tinned vegetables like peas, carrot or corn kernels to rice or pasta
- Tinned corn kernels- on their own as a snack or try making corn fritters!





774 Old Northern Rd. Middle Dural NSW 2158 Before and After School is available For pricing details ring Silvia Li.

Ph: 9651 2550