

# Middle Dural Public School

## Anti-bullying Plan 2020

**Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.**

### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

### Middle Dural's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

### 1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

#### 1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
month/term	Behaviour code for students
Fortnightly	Morning/Lunch Assemblies, PBL/BLP, Peer Group activities Circle Time/Response to situations as required
Term 1	“What is a Bystander?” – discussion/scenarios “What is Bullying?” In class – PDH program/Peer Group Activities Affirmation program through MAPPEN, Grade meetings where needed Kindness Program Reference to Bullying Support Document
Term 3	Re-address Discipline Code as per Action Plan e-safety programs
Term 4	PDH Program

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
	EXAMPLE: Teaching and reinforcing respectful relationships
18/2/2020	Refresh aspects of BLP, Sue addressed staff with keynotes from Aurora College Antibullying PD
Term 1 wk 5 2020	Action Plan and PBL Review meeting Tabled Review of Discipline Policy
Term 3 Sept 2020	Review of Discipline Code in particular "Zero Tolerance" section , Refresh aspects of BLP Wk 8 e-safety Virtual Lesson as part of Child Protection Week.

## 1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

New and casual staff will be informed about the school's approaches and strategies to prevent and respond to student bullying behaviour, when it does occur.

A folder of essential information is provided to staff when they enter on duty at school, which includes PBL/BLP Middle Dural Rock Teaching Focus for each year Children with Allergies or First Aid/Medication requirements.

Copy of playground folder in trolley

BLP Posters are visible in classroom

## 2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan     NSW Anti-bullying website     Student Welfare Policy  
 COVID Links on website

2.2.

### Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
4/3/20	Information Night – explaining classroom and school procedures, Circle Time
Fortnightly – Feb 2020 -	Newsletters –sharing aspects of student strategies around behaviour expectations Tabled updated Discipline Policy at P & C Meeting
Ongoing	Discussions with individual parents as required

### 3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- Building Learning Power (BLP)
- Positive Behaviour for Learning (PBL)
- Support from Department of Education staff e.g Learning and Wellbeing and Student Counselling Services
- Circle Time – giving students a voice, a chance to speak
- Reward Systems – Class Dojo/Gold Cards/Rockstars in line with PBL program
- Peer Group Activities

Completed by: \_\_\_\_\_

Position: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Principal name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_